

Early Intervention: For Children Birth - 3 years of age

Early Intervention is a system of services that helps infants and toddlers with developmental delays or disabilities.

How can Early Intervention help?

Early Intervention focuses on helping infants and toddlers learn the basic and brand-new skills that typically develop during the first three years of life, such as:

- Physical (reaching, rolling, crawling and walking)
- Cognitive (thinking, learning, solving problems)
- Communication (talking, listening, understanding)
- Social/emotional (playing, feeling secure and happy)
- Self-help (eating, dressing)

Who is eligible?

Early Intervention is for infants and toddlers who have a developmental delay or special need. An evaluation is done, with parents' consent, to see if the child has a delay in development or a disability. Children that are found eligible can receive services from birth through their third birthday.

How do you request an evaluation?

If you believe your child isn't developing at the same pace as most children his or her age, it's a good idea to talk to your child's pediatrician.

b SEEK HELP EARLY - Reach out to the New Jersey Early Intervention system at 888.653.4463. A service coordinator will schedule an appointment to conduct evaluations/assessments of the child's development and possible needs. Children 3 and older can receive a referral for assistance from Project Child Find at 1.800.322.8174.

Evaluation and assessment services are provided at public expense with no cost to parents.

Who can make a Referral?

Parents, physicians, local educational agencies, public health facilities, other health care providers, social service agencies, hospitals and child care programs

When making a referral individuals must:

- Maintain written documentation that supports the parent's agreement to refer or the parent's request that a referral not be made;
- Explain the early intervention services which would be available if the referral were made and the consequences of not accessing those services.
- Maintain follow up contacts with those families who initially request a referral not be made.

Parents consent is a required for evaluation and assessment

What is a Developmental Delay and Disability?

A **developmental delay** can occur in just one area or in a few. A **global developmental delay** is when a child has a delay in at least two of the areas below:

- <u>Cognitive skills</u> (ability to think and learn)
- Social and emotional skills (ability to relate to other people)
- Speech and language skills (ability to use and understand language)
- Fine and gross motor skills (ability to use small and large muscles in the body)
- <u>Activities of daily living</u> (ability to handle every day tasks)

Developmental disabilities are issues that kids don't outgrow, but they can make progress.

What are some examples of Early Intervention Services?

If an infant or child has a developmental delay or disability in one or more of the developmental areas, the child will be eligible for Early Intervention services.

These services may include:

- Assistive technology
- Audiology Services
- Speech and language services
- Counseling and training for a family
- Medical Services
- Nursing Services
- Nutrition Services
- Occupational Therapy
- Physical Therapy
- Psýchological Therapy