
New Jersey



HEALTH IN CHILD CARE

2014 Conference

A Collaborative Project of the New Jersey Association
for the Education of Young Children (NJAEYC)

**Best Practices in Caring
for New Jersey's Children**

*23rd Annual
Health in Child Care Conference*

Wednesday, May 21, 2014

Woodbridge Renaissance
515 US Highway 1 South
Iselin, New Jersey
(732) 634-3600

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HEALTH IN CHILD CARE

*Welcome to the 23rd Annual Health in Child Care Conference –
Best Practices in Caring for New Jersey's Children*

The Health in Child Care Conference provides a unique opportunity to focus on the well-being of children and their families. This year, we chose to highlight the best practices that should be embedded within all services that New Jersey's children and families receive. We hope that this conference helps to build your repertoire of skills and information and helps to enhance the work that you do.

Once again I have had the pleasure to chair this year's conference. We have been able to bring together a diverse and expert group of presenters to provide a wide and timely array of informative workshops and are confident you will find several meaningful choices to meet your professional development needs. We are delighted to have Gigi Schweikert as our keynote speaker.

The Rose Annussek Award for Inclusive Child Care will be presented in collaboration with support from the New Jersey Inclusive Child Care Project under the Statewide Parent Advocacy Network. We hope that you will consider nominating someone deserving of this honor (see inside back cover for nomination form) and please join us in congratulating your chosen recipient during lunchtime on the day of the conference. We are appreciative of SPAN's continued support for this conference.

The Southern New Jersey Perinatal Cooperative continues to support us in offering Nursing Contact Hours for nurses attending the conference. All of the workshops also meet the requirement for professional development through the Office of Child Care Licensing.

The continued success of this conference is the direct result of the hard work of an amazing group of volunteers and presenters from organizations throughout the state who donate their time and expertise. Special thanks to Helen Muscato for all the work she does to make our conference run smoothly. We thank NJAEYC for continuing to support this conference as a collaborative project. We also thank our sponsors and vendors who enable us to keep our registration fees low as a result of their generous support. Should you wish to make a contribution, all donations are greatly appreciated.

We look forward to seeing you in May!

Michelle Barnea, RN, MSED
Health in Child Care Conference Chair



HEALTH IN CHILD CARE PROGRAM

8:00 AM - 8:45 AM Check-in, Resource/Exhibit Tables and Continental Breakfast

8:45 AM - 9:15 AM Welcome and Opening

Welcome - **Michelle Barnea**, Conference Chair
Co-VP Professional Development - NJAEYC

Opening Remarks- **Dr. Allison Blake, Invited**
Commissioner, New Jersey Department of Children and Families
Mary O'Dowd, Invited
Commissioner, New Jersey Department of Health and
Senior Services
Jennifer Velez, Invited
Commissioner, New Jersey Department of Human Services

9:15 AM - 10:45 AM

Keynote Address: **Stories of Best Practices from the Field - Gigi Schweikert**
Gigi Schweikert, an expert on early childhood education, parenting, and work-life issues, will share her humorous and enlightening stories from her perspectives as a parent, early childhood professional, and consultant. Her anecdotal experiences will be informational and will renew your spirit and commitment to providing best practices designed to promote health and well-being of young children and their families.

11:00 AM - 12:30 PM AM Workshops

12:30 PM - 2:00 PM Luncheon and Exhibit Tables

2:00 PM - 3:30 PM Workshops



HEALTH IN CHILD CARE

OBJECTIVE To promote dialogue among the pediatric, health and child care communities and inform professionals working with children about current health issues.

WHO SHOULD COME?

Doctors, nurses, community health workers, child care center directors and staff, family child care providers, parents and other interested community members.

PROFESSIONAL DEVELOPMENT

A Certificate of Attendance will be given to each participant.

NURSING CONTACT HOURS

Participants who complete the program will be awarded 4.5 Nursing Contact Hours by the Southern New Jersey Perinatal Cooperative.

The speakers have declared that they have nothing to disclose. The Southern New Jersey Perinatal Cooperative is an approved provider of continuing nursing education by the New Jersey State Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. P# P106-11/12-15.

Please note: Accredited status does not imply endorsement by NJSNA, The Southern New Jersey Perinatal Cooperative, or ANCC of any commercial products or services.

RESOURCE/EXHIBIT TABLES

Tables are only available by contacting Helen Muscato at 732-329-0033 or mail@njaeyc.org.

GRANTS

Grants of up to \$50.00 are available to low income center, family child care providers and parents to pay for substitute caregivers while they attend the conference. Contact mail@njaeyc.org for more information.



HEALTH IN CHILD CARE

REGISTRATION and HOTEL INFORMATION

- Please register early, using a separate form for each participant attending. Confirmations will not be sent.
- \$65.00 Registration fee * \$75.00 Registration fee if postmarked after May 1st (includes meals and conference materials). You are invited to add a tax-deductible donation toward our expenses. All contributions are greatly appreciated.
- Make check payable to NJAEYC-HICC and mail registration form to NJAEYC-HICC, PO Box 426, Monmouth Junction, NJ 08852. For more information call (732) 329-0033 or mail@njaeyc.org.
- Purchase Orders will not be accepted.
- We have reserved a limited number of rooms for the night of May 20th at a special conference rate of \$117. In order to reserve a room at the hotel, call the Renaissance Woodbridge Hotel at (732) 634-3600 and ask for reservations.

ABOUT OUR KEYNOTE SPEAKER

Gigi Schweikert

Internationally Known Expert • Author • Keynote Speaker
Early Childhood Education, Parenting & Work Life Balance



“Inspirational, encouraging and real,” that’s what audiences and readers across the country have to say about Gigi Schweikert, an internationally known expert on early childhood education, parenting and work life issues.

Known for her humor and practical messages, Gigi is a popular keynote speaker for education conferences, corporations, women’s events, and parenting seminars. Gigi is the best-selling author of over a dozen books including the popular *Winning Ways for Early Childhood Professionals* book series and *Prime Times: A Handbook for Excellence in Infant and Toddlers Programs*.

During her twenty-five years of experience, Gigi directed the United Nations Early Childhood Program in New York City and developed the Johnson & Johnson System of Family Centers. Gigi is a Vice President with Children’s Choice and consults to Fortune 100 clients. Gigi also hosted the television show, “Today’s Family.”

When Gigi’s not at a speaking engagement or in front of the computer writing, she’s behind the wheel of a mini-van carting around her four kids. As a busy mom, Gigi admits that she’s served orange soda to her family for breakfast trying to pass it off as orange juice. Gigi lives in New Jersey with her husband, four children, three dogs, many chickens, and one turtle.

Teaching educators and parents to help every child succeed is Gigi’s life passion. Contact Gigi at gigi@gigischweikert.com.

FULL DAY WORKSHOP

Save the Children's Child Care Emergency Preparedness Training

Presenter: Eric Hicken, EMT-P, CPM Independent Viridian Associate

This full day workshop is designed to help child care providers develop and implement robust emergency plans that cater to the specific needs of their program. The course teaches participants best practices in evacuation, relocation and family re-unification. The curriculum also provides guidance for practical applications to improve overall emergency protocol.

Participants must attend both AM and PM sessions to receive a certificate of participation for the program.

This workshop is being generously sponsored by Save the Children.

AM WORKSHOPS

1. Diagnosing and Treating Developmental Disorders – A Doctor's Perspective

Presenter: Janice Pronnicki, MD MPH FAAP, Rutgers – New Jersey Medical School

This workshop will discuss how children with suspected developmental disorders are evaluated by a neurodevelopmental pediatrician and also available treatments. Emphasis will be on early detection and treatment of Autistic Spectrum Disorder, intellectual impairments and ADHD.

2. Learn to Move/Move to Learn

Presenter: Eleanor Campbell, P.T. Pediatric Physical Therapist, Advanced Physical Therapy Associates

Scarcity of movement in the first year of life is contributing to the overwhelming increase in babies with torticollis, flat head syndrome, developmental delays, sensory problems and learning disabilities. Preschool programs are overflowing with children who present with special needs. This workshop will explore the consequences of current trends of overuse of baby equipment on brain development, physical abilities, emotional state, attention and learning abilities.

3. The Healing Power of Meditation for Teachers and Children

Presenter: Miriam Moran Shankman, MQT, Movement and Meditation Teacher

Meditation can be helpful for both teachers and children. In this workshop you will experience meditation and learn how to make it a part of your life, and the lives of the children you work with.

4. New Jersey Immunization Requirements: Tools for Best Practice

Presenters: Jenish Sudhakaran, MPH, Population Assessment Coordinator; Jennifer Smith, MPH, CHES, Public Health Educator, NJ DOH; Vaccine Preventable Disease Program

This interactive workshop will provide an overview of New Jersey's child care/preschool immunization requirements (N.J.A.C. 8:57-4). The speakers will share new tools for best practice in interpreting and applying school immunization requirements.

5. What's New in Licensing?

Presenters: Marilyn Lidlow, BS, Supervisor, Child Care Quality Assurance Inspections; Antonette Franklin, BA, Child Care Quality Assurance Inspector II, NJ Department of Children and Families, Office of Licensing

Staff from the NJ Office of Licensing will answer your questions and provide information on licensing requirements for child care centers, adopted on 9/1/13.

6. Medication Administration Review and Update

Presenters: Ritamarie Giosa MSN, RN, CPN, W. Cary Edwards School of Nursing, Thomas Edison State College; Dianne Burdette MS, RN, CPNP, K. Hovnanian Children's Hospital Wellness Center, Midtown Community Elem. School, Neptune

This workshop will reinforce previously learned essential concepts relative to medication administration in early care and school age programs, expose the participant to updated resources and best practices, and allow the participant to demonstrate skill in measuring and administering selected medications for this population.

Requirements:

Must bring on the day of class:

1. Evidence of (certificate from) previous class in medication administration (any program)
2. Current CPR and First Aid certification card

PM WORKSHOPS

- 1. In A Heart Beat! The Role of Physical Activity in Child Development**
Presenter: Sandra Sheard MA, ECE Consultant

Learn about moderate to vigorous physical activities and how they relate to physical, social and mental growth. Engage in activities that provide increased strength, endurance and awareness of the body in space. The activities are appropriate for preschool children (ages 3-5) and a lot of fun!

- 2. Keeping Children Healthy: Preventing the Spread of Communicable Disease in Child Care**
Presenter: Judi Connor, RN, BSN, CCHC; Child Care Health Consultant Coordinator for the NJ Child Care Warmline

This workshop will give participants the knowledge and measures to help prevent the spread of communicable disease in child care. We will discuss communicable disease factors, cleaning and sanitizing, handwashing, standard precautions, and exclusion criteria with available health resources for providers and families.

- 3. Creating Adaptations for Routines and Activities**
Presenter: Denise Bouyer Hargrove, Director, NJ Inclusive Child Care, Statewide Parent Advocacy Network

Are you having a challenging situation? Try an Adaptation! This session will discuss an evidence-based model, CARA'S KIT, for creating adaptations for routines and activities that will help children participate right now. The goal of this session is to give you the tools to increase access and participation for all children, especially those with special needs and disabilities.

- 4. Yoga for Children in the Classroom Setting**
Presenter: Michelle Newman-Keenan, Director/Owner, Beachwood Nursery School

Yoga is an organized system for what comes naturally to children. It is the art of fusing body & mind for an overall sense of strength, flexibility & well-being. Yoga moves, bends, stretches, and empowers minds. The goal for this workshop is to equip teachers & caregivers with some yoga "asanas" or poses, breathing & relaxation activities & ideas for small & large group activities/transitions.

5. **What Happens Early Matters: Why We All Need to Care about Infant Mental Health**

Presenter: Lorri Sullivan, M.Ed., Curriculum Coordinator, Infant & Early Childhood Mental Health Training Project

What does good Mental Health look like in babies? This workshop will highlight the key concepts in Infant Mental Health. A brief introduction to the newly established New Jersey Association for Infant Mental Health Endorsement system (NJ IMH-E*) will also be included.

6. **Building Bridges Instead of Walls: Enhancing communication with families**

Sue Gellert, MSED, Technical Assistance Quality Specialist, Bergen County Office for Children

Open sharing of information between program staff and parents helps to strengthen home/school connections. By building bridges, providers can enhance the comprehensive services they provide for children. Learn how to share and gather sensitive information with families. This workshop will provide you with strategies for enhancing your communication skills.

SAVE THE DATE . . .

**NJAEYC ANNUAL
STATE CONFERENCE**

**OCTOBER 17-18, 2014
NEW LOCATION ~
HILTON MEADOWLANDS**

www.njaeyc.org

DIRECTIONS TO

RENAISSANCE WOODBRIDGE HOTEL

515 US Highway 1 South • Iselin, NJ 08830
(732) 634-3600

FROM THE NEW JERSEY TURNPIKE

Exit 11 and follow signs to Garden State Parkway North to Exit 131A. This puts you on Wood Ave. South. At the 4th traffic light make a right turn onto Middlesex-Essex Turnpike. At the 3rd traffic light take another right turn. This puts you on Gill Lane for approximately 2 miles to The Woodbridge Hotel & Conference Center which is on the right side of Gill Lane, just before you reach the intersection of Route 1.

FROM THE GARDEN STATE PARKWAY

TRAVELING SOUTH:

Take Exit 130 to Route 1 North. Continue until you see the Woodbridge Hotel on the left. Go straight through the traffic light and take the Gill Lane jughandle in the right lane. Take a left at the intersection of Gill Lane and Route 1 and turn right into the Woodbridge Hotel & Conference Center's Main entrance.

TRAVELING NORTH:

Take Exit 131A. This puts you on Wood Ave. South. At the 4th traffic light make a right turn onto Middlesex-Essex Turnpike. At the 3rd traffic light take another right turn. This puts you on Gill Lane for approximately 2 miles to the Woodbridge Hotel & Conference Center, which is on the right side of Gill Lane, just before you reach the intersection of Route 1.

FROM ROUTE 287 NORTH OR SOUTH

Take the exit for Route 1 North. Continue until you see the Woodbridge Hotel on the Left. Go straight through the traffic light and take the Gill Lane jughandle in the right lane. Take a left at the intersection of Gill Lane and Route 1 and turn right into the Woodbridge Hotel & Conference Center's main entrance.

FROM NEWARK INTERNATIONAL AIRPORT

Take Routes 1 and 9 South toward Woodbridge. Follow Route 1 South to Woodbridge Hotel & Conference Center on the right hand side – approximately 12 miles.

FROM NEW YORK CITY

Take either the Holland or Lincoln Tunnel to the New Jersey Turnpike South, To Exit 11. Take the Garden State Parkway North, to Exit 131A. This puts you on Wood Ave. South. At the 4th traffic light make a right turn onto Middlesex-Essex Turnpike. At the 4th traffic light take another right turn. This puts you on Gill Lane for approximately 2 miles to the Woodbridge Hotel & Conference Center which is on the right side of Gill Lane, just before you reach the intersection of Route 1.

FROM STATEN ISLAND

Take the Outer Bridge Crossing to Route 440. This will eventually turn in to Route 287, which you will take going North. Take exit for Route 1 North. Continue until you see the Woodbridge Hotel on the left. Go straight through the traffic light and take the Gill Lane jughandle in the right lane. Take a left at the intersection of Gill Lane and Route 1 and turn right into the Woodbridge Hotel & Conference Center's main entrance.



REGISTRATION FORM

(MAY BE DUPLICATED)

\$65.00 Early Bird Registration fee (includes meals and conference materials)
(If postmarked by May 1, 2014)

\$75.00 Registration fee (includes meals and conference materials)
(If postmarked after May 1, 2014)

\$ _____ Donation toward HICC expenses (optional)

\$ _____ Total Enclosed

Check Number _____

Name _____

Employer _____

Mailing Address _____

City _____ State _____ Zip _____

Phone (day) _____

(eve.) _____

e-mail: _____

POSITION: _____

Are you applying for Nursing Contact Hours? Yes No

Workshop Preference:

Choice 1st 2nd 3rd

Full Day Workshop _____

or

AM _____ _____ _____

Plus

PM _____ _____ _____

Meal Selections: Chicken Vegetarian

Purchase Orders will not be accepted.

Make check payable to NJAEYC-HICC and mail it with this form to:

NJAEYC-HICC

P.O. Box 426

Monmouth Junction, NJ 08852

Contact info. (732) 329-0033 or mail@njaeyc.org



New Jersey MAP to Inclusive Child Care Team

CALL FOR NOMINATIONS

2014 ROSE ANNUSSEK AWARD

The MAP to Inclusive Child Care Team is pleased to announce the **Rose Annussek Award** which is presented annually in memory of our dear colleague. Rose was a founding member of the MAP Team and served faithfully until her illness in 2004.

In memory of Rose's calm, resilient spirit and the enduring impression of her years of dedicated service, the MAP Team honors her memory with an annual award for inclusive child care programs or individuals that strive to follow her vision. This year the award will be presented at the **Health in Child Care Conference at the Renaissance Woodbridge Hotel – Iselin, NJ on Wednesday, May 21, 2014.**

Nominations will be accepted for professionals, parents or providers who have enhanced the quality of care for children with special needs in child care settings.

The nomination should include a clear description of the nominee's:

- *specific actions to include children with special needs in child care programs,*
- *collaboration with individuals or agencies (possible examples: Early Intervention, Child Study Teams, Infant/Toddler Specialists, Head Start, classroom teachers, the child's Health Care Provider), or*
- *work as an advocate on behalf of the inclusion of children with special needs in child care.*

The Rose Annussek Award nomination should include the name, address, phone and email of the person or agency, and the name and contact information of the person writing the recommendation. Including two or three other resources such as newspaper/magazine articles, letters of support, or program descriptions would help the committee learn about the nominee.

Nominations are being accepted through April 30, 2014

and can be mailed, faxed or emailed to:

Rose Annussek Award
SRCCRC/EIRC
900 Hollydell Ct.
Sewell, NJ 08080
ethomas@eirc.org
Phone: 856-582-8282 ext 149
Fax: 856-582-4714

Thank you for helping the MAP to Inclusive Child Care Team to continue Rose's vision.

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